

ChallengeMD Goldfields 2016

- **Friday, March 4th to Monday, March 7th 2016**
- **458km over four days with a total elevation of 2,400mtr**
- **Maximum team size 40 riders**
- **Minimum fundraise \$2,000 per rider**
- **Includes: accommodation, all meals, kit, support vehicle and fellowship**
- **Fun, fellowship and a unique experience while supporting MDA**



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• Itinerary

Friday, March 4th 2015: Riders assemble outside MDA Headquarters 111 Boundary Road North Melbourne for a media opportunity. Support to be loaded vehicle with riders' personal belongings.

Day One: Friday 4th - 103km

Depart via Footscray, Deer Park and onto Ballarat. Accommodation will be at a secondary college sports stadium.

Day Two: Saturday 5th - 117km

Depart Ballarat for a 72km section to Maryborough. Enjoy a break and lunch then onward to a section of 45km to Maldon. Accommodation will be at the Derby Hill Blue Light facility. Shared accommodation with an evening meal.

Day Three: Sunday 6th - 123km

Two sections today - beginning with a 78km ride to Heathcote then onward 45km to Puckapunyal Army Base (accommodation to be confirmed).

Day Four: Monday 7th - 123km

Final day two sections - 38km to Kilmore then 69km to North Melbourne.

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The Golden Circle Ride for MD

○	North Melbourne, West Melbourne VIC	3
○	Footscray VIC	
○	Deer Park VIC	
○	Ballarat VIC	103km
○	Maryborough VIC	72km
○	Maldon VIC	45km 117km
○	Heathcote VIC	78km
○	Puckapunyal VIC	45km 123km
📍	North Melbourne VIC	112km

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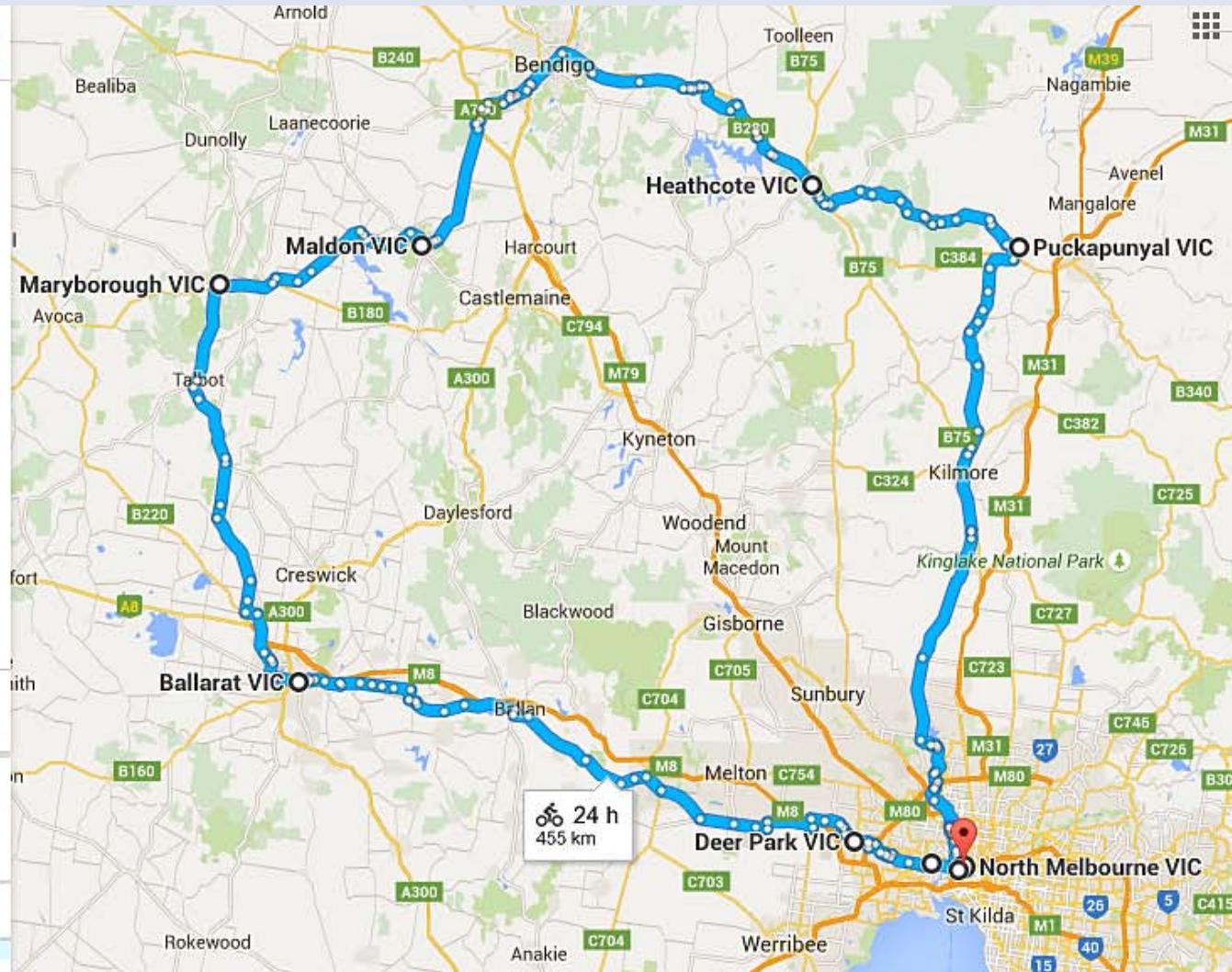
⌵

🚲 via State Route 50

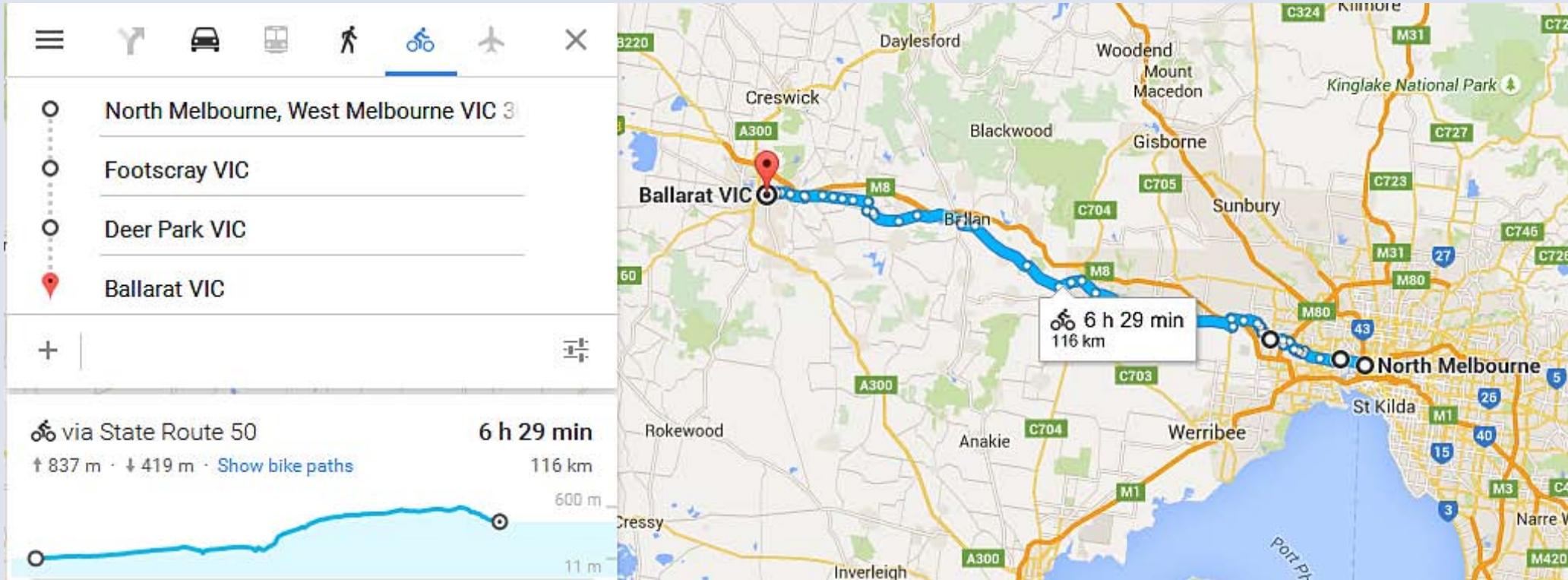
24 h

↑ 2,468 m · ↓ 2,448 m · [Show bike paths](#)

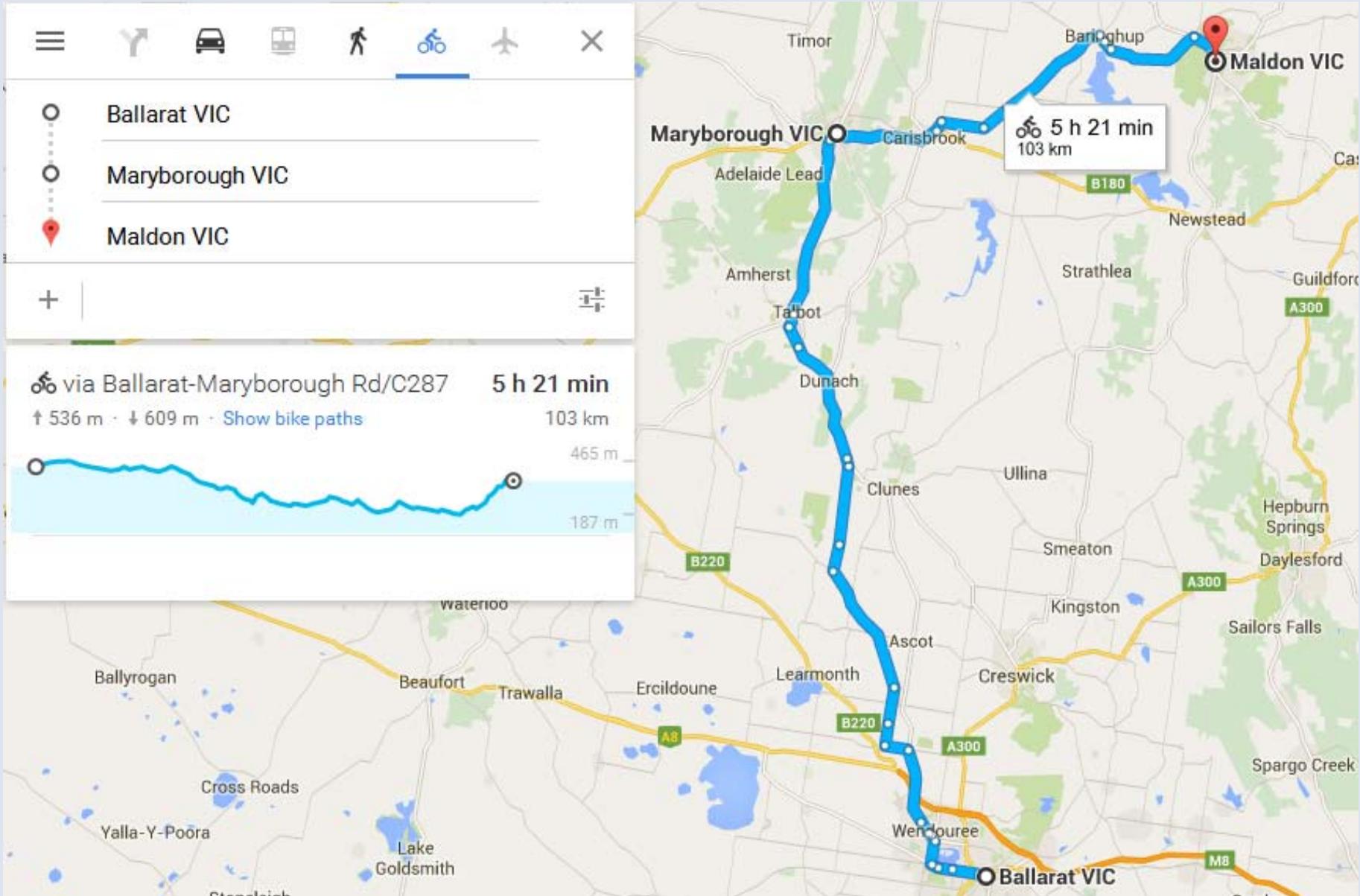
455 km



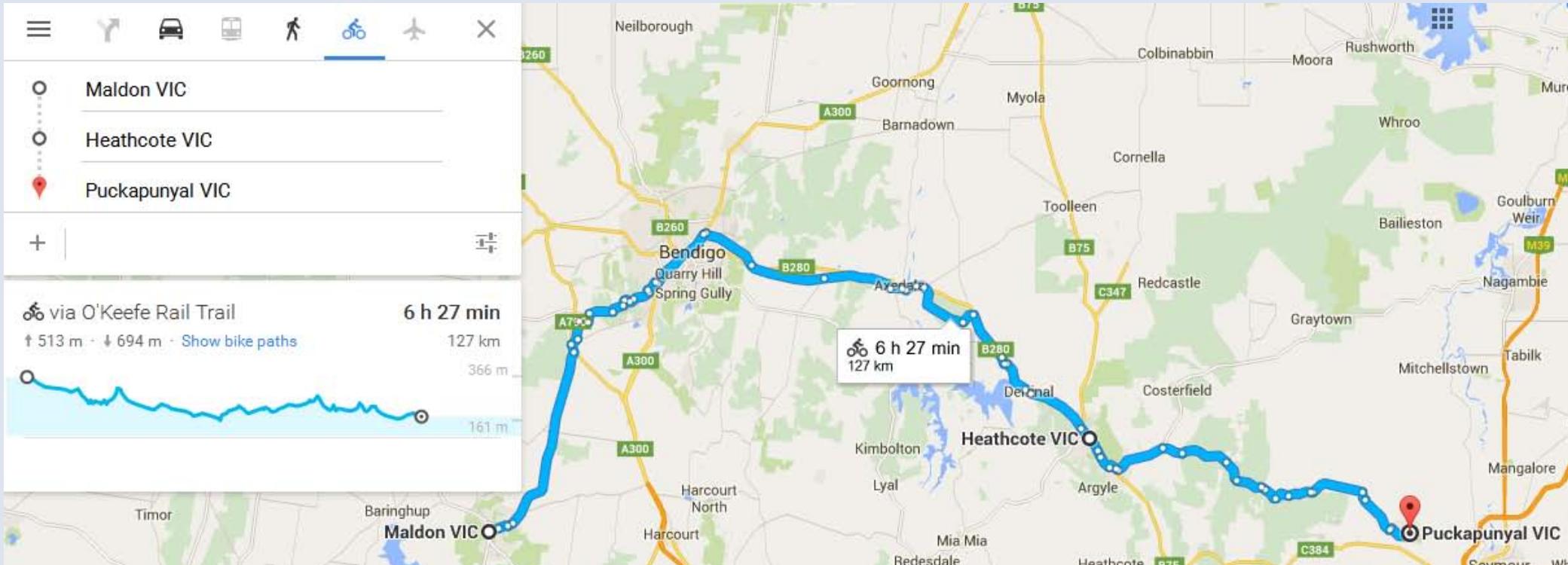
Day 1 - ChallengeMD Goldfields



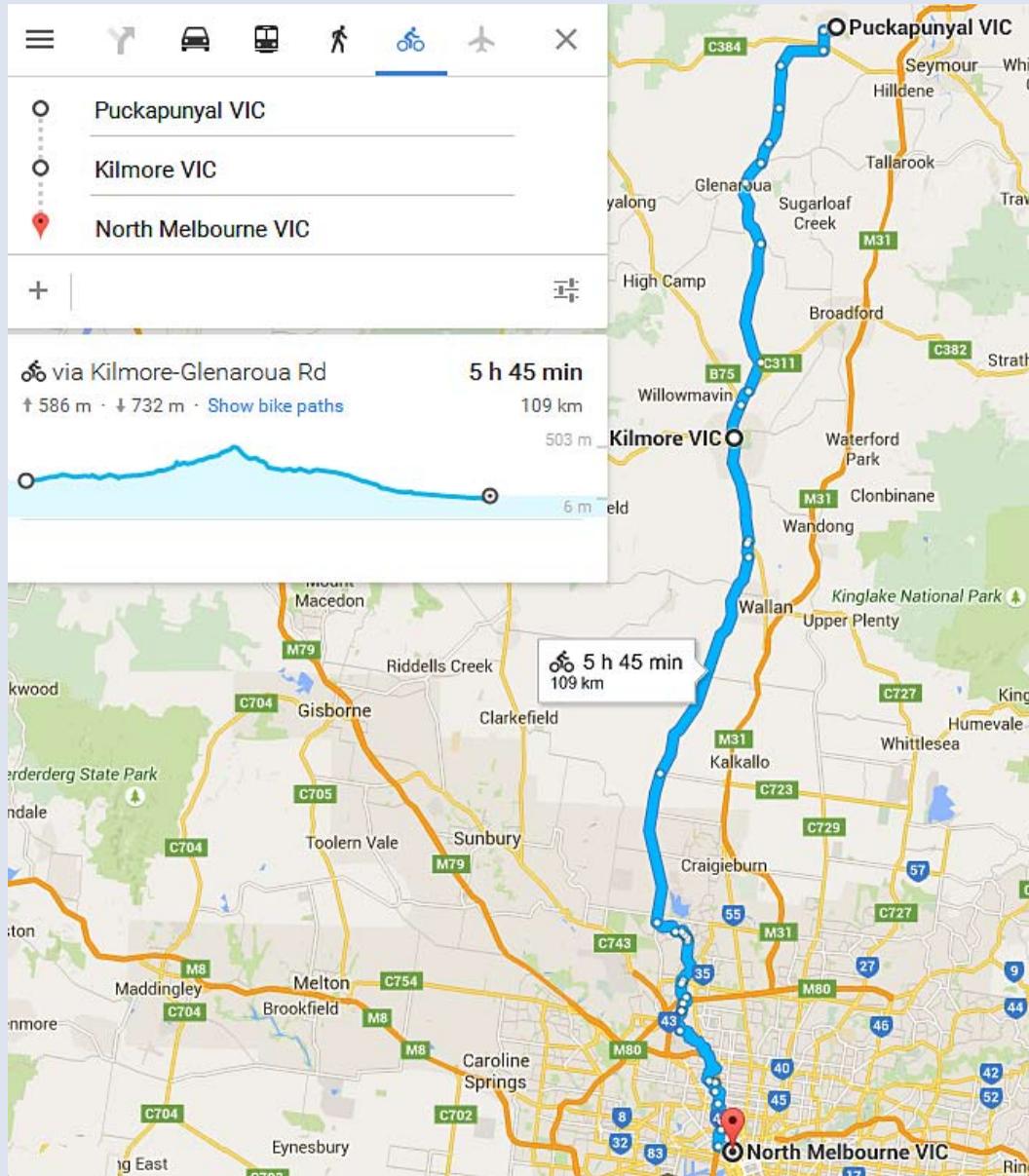
Day 2 - ChallengeMD Goldfields



Day 3 - ChallengeMD Goldfields



Day 4 - ChallengeMD Goldfields



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About MDA

Muscular Dystrophy Australia Executive Director, **Boris M Struk**, has been pivotal in the growth of the organisation since its inception in 1985.

Mr Struk became a leader for the Muscular Dystrophy community when his youngest son Ryan was diagnosed with the muscle-destroying disorder at age three and he discovered there was no available information about the condition. Mr Struk was told by the doctor to simply go home and enjoy his son because he would be gone by the age of 14. Ryan is now 35 and has just completed his university degree.

In total, Muscular Dystrophy Australia has raised more than \$45 million for Muscular Dystrophy and provided more than one million hours of care and support for people with Muscular Dystrophy. One of the most important activities Muscular Dystrophy Australia provides is respite camps. *CampMDA* has provided more than 14,000 hours of respite through four camps per year to families of affected children. One respite camp for 40 children costs more than \$40,000. Muscular Dystrophy Australia celebrated its 100th *CampMDA* in September 2015.

CampMDA allows people living with Muscular Dystrophy the opportunity to socialise and share experiences with one another. It also gives carers the opportunity to have a short break while their children are cared for at *CampMDA*.

Funds raised by Muscular Dystrophy Australia are diligently distributed with half of available funds allocated to 'Quality of Life' programs to support those with Muscular Dystrophy. The other half is dedicated to Muscular Dystrophy research for the future.

Muscular Dystrophy Australia is the major sponsor of the National Muscular Dystrophy Research Centre (NMDRC) in Melbourne, which is the leading Muscular Dystrophy research centre in Australia.

Muscular Dystrophy Australia receives **only 22% Government funding** and relies on its own fundraising initiatives, like **ChallengeMD Goldfields** to fund the balance of programs, services and research for the Australian MD Community.

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Boris M Struk Executive Director

Boris is passionate about the potential for research to improve the quality of life for people affected by muscular dystrophy, a devastating muscle-destroying disorder.

He believes that investing in research, including encouraging 'new blood' by funding PhD students, increases the likelihood of finding a timely solution.

"Being a part of this solution is both exciting and personally gratifying," Boris says.

"No parent or family who has the diagnosis of MD imposed upon them should feel lost and isolated.

"That's why MDA exists, to walk side-by-side with the family while offering all the support and information required to make that onward journey confidently."

Hope

In the face of adversity and personal pain, we continue to strive to achieve our ideals, to provide comfort and hope to those we care about, by converting our collective hopes, dreams and aspirations into reality.

Boris M Struk April 2000

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Registration Process

Interest is high and spaces are limited to 40 riders. Don't delay, register now!

Visit www.ChallengeMD.org

Select **ChallengeMD Goldfields 2016**

On completion of the registration process, you will receive an email with attachments providing all relevant information.

We look forward to your participation and support of Muscular Dystrophy through [ChallengeMD Goldfields 2016](#)